



transforming radiotherapy masks...

what is a radiotherapy mask?

For most types of radiotherapy to your brain or head and neck area you wear a mask during treatment. This can also be called a head shell, cast or mould.

Each mask is made uniquely for you to hold your head and neck still and in exactly the right position in a tight, but comfortable, position. This helps to ensure your treatment is as accurate and effective as possible. You can breathe as normal whilst wearing the mask.

After you have completed treatment, you are able to take home and keep your radiotherapy mask.

what can you do with your mask after treatment?

Turning your mask into something creative can help to facilitate the healing process after treatment. Repurposed masks can help express hope, spirituality and strength. We have lots of ideas about how to transform your radiotherapy mask...



art: Turn it into a work of art

centrepiece: Decorate with tinsel & other seasonal delights for a celebration centrepiece

light: Transform into a light

planter: Use as a unique planter in your garden

feeder: Change it into one of a kind bird feeder

picture: Decorate your mask and add it with your beads of courage into a deep frame for a sensational piece of art on your wall

hallowe'en: Use for Hallowe'en by decorating and placing a small light behind it to scare away the trick or treaters

**we would love to hear your ideas and see your pictures too
please send them to us: info@yorksbtc.org.uk**

share your story with us: [f](#) [@](#) [@YorkshireBTC](#)

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